



High Blood Pressure Research Council of Australia

E-News January 2015

Dear Member

Happy New Year from the e-news desk! I hope you all had a relaxing and restful festive season, and are refreshed and revitalised heading into 2015.



2015 is shaping up to be yet another busy year for members, and below you will find detailed a number of opportunities and communiques regarding future meetings and opportunities. Please continue to let us know of any news you feel should be included for the benefit of all members, and we will be sure to circulate it.

Rob Widdop, Secretary

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President's Message

Happy New Year to all our members and the Exec committee and I look forward to a great year. A big welcome to our new secretariat Natasha Whitwell and her team, already Natasha has slipped seamlessly into her new role and I feel assured it will be business as usual on that front.

The Exec Committee is keen to encourage member participation in the upcoming APSH meeting in Bali (June 4-7; details below). The HBPRCA will be highlighted with our own symposium and travel grants are available for young investigators upon registration. It would be brilliant to see as many faces there as possible, I do believe the HBPRCA can play an even bigger lead role in this region and thus urge you to participate.

Be sure to check out the newsletter which is jam-packed full of goodies for you. I know the Foundation has a new initiative for seeding small grants to support New Investigators – look out for the first call on applications for those in the not so distant future. Until then, all the best to everyone for the grant-writing season. Remember to stay cool and I feel sure this is our year!



Jaye Chin-Dusting, President

Membership 2015

An update to the announcement in the last edition of e-news, we now have **328 members** including a terrific cohort of **96** student members!

As the Secretariat for the Society has now changed hands, from Meetings First to *Your Secretariat* there will be a new website launched shortly, where you will be able to renew membership, update your details, apply for grants and register for meetings, all in one spot. When this is launched you will need to log in and select a new password, an email will be sent to you with all the details, so watch this space. In the meantime please send any membership enquiries to admin@hbprca.com.au or call Your Secretariat on +61 2 4356 0007

Student members are required to renew their membership, even though no membership fee is payable. So please ensure you action the email in February.



Janna Morrison, Membership Secretary

Annual Scientific Meeting 2015

The 2015 HBPRCA ASM will be held this year in December at the Baker IDI, and be a stand-alone meeting, the first for a while and a terrific opportunity to network with colleagues once again in the beautiful city of Melbourne.

Further details will follow soon on the selected guest lecturers; The Colin Johnston lecture, the RD Wright lecture and the Austin Doyle lecture and nominations for speakers are already coming in, thank you for your suggestions.

The 2014 joint meeting yielded so many excellent abstracts from our students and young investigators and we hope to see the same level of interest and application this year, with awards again up for grabs for both student and oral presentations and posters. All abstracts have been submitted to the journal *Hypertension* for review.

I look forward to receiving abstracts for the Melbourne meeting in 2015 and to developing another great program.

Best wishes to you all and a very Happy New Year.



Anne Barden, Program Secretary

HBPRCA New Website

2015 will also bring a fresh look to the HBPRCA website, which is currently in development and will hopefully be launched in early February.

The new look site is designed to be simpler and easier to find things, and information will be categorised into sections for members, health care professionals and the general public (see below). We hope you will

continue to provide feedback and suggested additions or topics to the site, all suggestions are very welcome and will be taken on board. We are also aiming to include social media in our communications more in 2015 and beyond so watch this space...

New Investigator Corner

The HBPRCA New Investigator Committee hosted a **New Investigator Symposium** on the day before the State of the Heart meeting. Thanks to all the presenters for their amazing contributions, and to the 45 or so attendees. You should all have received your certificate of attendance for this session by now.

If you haven't responded to our survey about the Symposium, or wish to make suggestions for future activities, [please do so via this link](#) before the end of January.

Francine Coelho Marques and Chris Chan
HBPRCA New Investigator Committee

Secretariat

As mentioned above, the new Secretariat website will be available to you soon, featuring live twitter feeds from both HBPRCA and AAS. Log in details will be provided via email so please be sure you look out for this. In the meantime please feel free to contact Your Secretariat, for all your queries and needs. The primary contact for HBPRCA members at Your Secretariat will be Michelle Clarke or Natasha Whitwell

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Blood Pressure Measurement e-Learning Module now available

The Blood Pressure Measurement e-Learning Module is soon to become available via the HBPRCA website and we encourage the HBPRCA family to review this resource.

The opening page states "Blood Pressure interactive learning module supported by the Northern Sydney Local Health District, the University of Sydney, The Kolling Institute, the High Blood Pressure Research Council of Australia...." - don't be shy about promoting our own members and our own projects.

Susie Mihailidou has led this project to develop an online learning module to meet the gap in refresher training for BP measurement identified during a survey of professional staff and students across a tertiary referral health facility, with >70% of staff could not recall in-service refresher training for BP measurement. These findings are not unique to the health facility and recognised internationally.

The eLearning module is currently part of the curriculum for the University of Sydney Medical Program and the Sydney Nursing School Program. The web version is hosted on *CourseSites by Blackboard* and therefore requires creating an account to access. It is about to be implemented across all health sites for the Northern Sydney Local Health District as well as members of the NSW Agency for Clinical Innovation Cardiac Network and has just received accreditation by the Royal Australian College of General Practitioners (RACGP) and GPs completing the additional evaluation form can earn 2 Category 2 CPD points.

PLEASE read this guide before trying to access the program, as you will need to register for the program before beginning the course..... **then and only** then please see the link

<https://www.coursesites.com/s/ BloodPressure> on the HBPRCA resources page to register and take part.



BPM_access_guide.pdf
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Meetings and other items of interest



FIXED COMBINATION

THE 6TH INTERNATIONAL CONFERENCE ON FIXED COMBINATION
IN THE TREATMENT OF HYPERTENSION,
DYSLIPIDEMIA AND DIABETES MELLITUS

FIXED Combination 2015 will be taking place in Berlin, Germany from March 26-29, 2015. The conference is intended for experts in the fields of diabetes, hypertension, dyslipidemia, internal medicine, cardiology, nephrology, endocrinology, hyperlipidemia, family medicine, and is aimed at primary care physicians, nurse practitioners and physicians' assistants. All are invited to explore the current and future role of fixed combinations in the treatment of hypertension, dyslipidemia and diabetes. Congress website is:

<http://2015.fixedcombination.com/>



2015 will see the **Asia Pacific Cardiorenal Forum** come to Sydney. The mission of the Asia Pacific Cardiorenal Forum is to raise awareness and direct much needed attention to the clinical commonality that exists between patients with a primary cardiovascular or renal condition. This biennial Forum will bring together clinicians that are involved in the treatment of these patients with a view to furthering of education, sharing of knowledge all working towards future improved patient care. The forum will be held from May **8-9 2015** at the Amora Jamison Hotel Sydney.
Click [here](#) for more details.



APCH BALI

The 11th Asia Pacific Congress of Hypertension (11th APCH 2015) in conjunction with the 9th Scientific Meeting of the Indonesian Society of Hypertension will be held from June 4 - 7, 2015 in Bali Nusa Dua Convention Centre.

The theme for our upcoming congress is "Hypertension Care: Protecting the Present and Future Generation from Target Organ Damage" which we believe this may bring a further discussion on the recent highlights of hypertension in this meeting.

Use this link www.apch2015.org for further information.

HBPRCA MEMBERS SHOULD NOTE

- HBPRCA is a member society of APSH – and APCH is the annual meeting of the APSH
- Young Investigator Travel grants are available
- HBPRCA will be presenting one symposium – with both senior, early-career member presentations. Hopefully there will also be some HBPRCA member free communications in this session!
- This meeting is a great opportunity to meet and interact with your regional colleagues

ALDOSTERONE FORUM AT APCH

This meeting will be preceded by a forum on Aldosterone.

This will be held on June 4 immediately prior to the meeting, and an exciting line up of speakers have been organized.

People who are registered for the APCH congress can attend without charge. Please see attached for further details



Aldosterone
Forum.docx



NEURAL, HORMONAL AND RENAL INTERACTIONS IN LONG-TERM CONTROL OF BLOOD PRESSURE #3

December 7-10, 2015 - Mussoorie, a hill station approximately 290 km north of Delhi. Mussoorie is at an elevation of approximately 2,000 metres. It provides panoramic views of the Western Himalayan peaks to the north and east. Why should you come? The science will be great: The previous meetings in 2004 and 2008 provided opportunities for intensive interactions between ~60 researchers interested in the various systems that control blood pressure in the

long-term. We were able to publish a series of review articles from both meetings that have provided leadership in the field. We envisage similar outcomes for the meeting in 2015. If you think you might be interested in coming to the meeting, please send an email to Roger Evans with your full name, preferred title, affiliation and email address (roger.evans@monash.edu).



The 2nd International 4 Corners of Cardiology 2014 was a great success and we are now delighted to announce dates for the 3rd meeting, to be held in Melbourne, from February 5-6, 2016. As with the first two meetings, the focus of **4C Cardiology 2016** will be on high-level updates, debates, hot topics and future research directions in 4 key areas of cardiovascular medicine. This format has proven to be extremely popular with both clinicians and researchers, and the scientific content formally endorsed by the European Society of Cardiology. I do hope you will mark this date in your calendar, check for updates at www.4ccardiology.com and then join us in Melbourne for what promises to be another exciting, cutting edge exploration of the latest advances in cardiovascular medicine.

RELIABLE BLOOD PRESSURE DATA AT YOUR FINGERTIPS - HUMAN NIBP

The Human Non-Invasive Blood Pressure (NIBP) System from ADInstruments allows continuous and accurate blood pressure measurement. Dual finger cuffs and an adjustable cuff-switching mechanism ensures comfort for subjects during long sampling periods. The ability to capture continuous data during sleep or exercise and monitor trends in response to interventions makes this system ideal for Polysomnography or Exercise Physiology. Learn more go to <http://go.adinstruments.com/HBPRCA/human-nibp>



ASIAN PACIFIC SOCIETY OF HYPERTENSION

Summer School in China August 3-7 2015

The Asian Pacific Society of Hypertension in conjunction with the International Society of Hypertension and the Chinese Hypertension league will hold a summer school in China from August 3 – 7 2015. The exact location is yet to be determined. The summer school is designed to enhance the capacity of people to be involved in the diagnosis, treatment and prevention of hypertension. It is envisaged that most scholars at the school will be clinicians but people actively involved in epidemiology and community intervention would also be welcomed to attend. Most scholars will be under 45yo and it is envisaged that they will be future leaders in their country in this important field of Medicine.

There will be a Faculty of 6-8 people from the region and Europe all experts in their own fields. The scholars will be limited to 30. All scholars need to be nominated by their National Hypertension Society. All accommodation and other costs in China will be met by the Host Society. The individual or their nominating society will be responsible for transportation costs. All successful participants will receive a certificate stating that they have participated and graduated from the APSH/ISH Summer School on Hypertension, 2015.

If you wish to participate please contact your local society, as nominations will be made by the country's Hypertension Society. One faculty member and up to 4 scholars (see attachment below for qualifications required) may be nominated.

The participants in the summer school should be people who will become future leaders in their field. In general they will have completed all or most of their clinical training either in their own country or abroad. In addition to the clinical strand some participants may be more actively involved in epidemiology, health practice or delivery of health care with a focus on Hypertension and / or cardiovascular disease. The clinical field in which a person has trained may be in Cardiology, Nephrology, Neurology, Endocrinology or Internal Medicine.

A certificate of completion of the summer school will be awarded to successful participants.



Participant's
Qualification.docx

Science meets Policymakers

(Note not to be confused with *Science meets Parliament* for which you need to be nominated to attend)



ASIA & THE PACIFIC
POLICY SOCIETY



Science meets Policymakers

Science & Technology Australia, in partnership Asia and the Pacific Policy Society at Crawford School of Public Policy at the Australian National University, invites registrations for a one-day conference to enable policymakers and scientists to achieve better public policy outcomes.

Science meets Policymakers will bring together researchers from a range of disciplines and policymakers from various government departments to examine the intersection between the evidence base and policy development.

Note: Registration for *Science meets Policymakers* (not to be confused with *Science meets Parliament*) in late March 2015 is open to all and there are no restrictions on the number of registrations from individual organisations.

Participants in the event will include policymakers, parliamentarians, academics, practising scientists, and representatives from scientific societies and industries employing scientists.

Confirmed speakers and session chairs include:

- Dr Michael Keating AC, FASSA, FIPAA
 - Professor Brian Schmidt AC
 - Professor Veronica Taylor
 - Professor Ian Chubb AC
 - Professor Gabriele Bammer
 - Professor Hugh White AO
 - Professor Tom Kompas
 - Professor Emily Banks

- Professor Bruce Chapman
 - Dr Subho Banerjee
 - Professor Aidan Byrne
 - Rona Mellor PSM
 - Anne-Marie Lansdown

Date:

Wednesday, 11 February 2015, 9am–5pm

Venue:

The Molonglo Theatre, Crawford School of Public Policy
The Australian National University
Acton, Canberra

More information: www.sta.org.au

Register to attend at: science-meets-policymakers.eventbrite.com.au

Inquiries: E info@sta.org.au T (02) 6257 2891

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Australian Government
Department of Industry

SALT REDUCTION

For all the latest news about salt reduction - research, public awareness campaigns, activities, click [here](#) for the George Institute for International Health website.

PARTNER SOCIETY NEWS

Click [here](#) for the ASMR e-news

Click [here](#) for Science Technology news

Acknowledgements

Corporate Members



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*This email was sent from Your Secretariat, Secretariat for AAS and HBPRCA. If you wish to stop receiving email from either AAS or HBPRCA you can simply remove yourself by emailing admin@HBPRCA.com.au
If you do this, please remember to check the society website for membership renewals, meeting notices and other information as no further emails will be sent to you.*