Join us in Melbourne for the
2015 High Blood Pressure Research Council of Australia Annual Scientific Meeting

AMREP EDUCATION CENTRE
Baker IDI, 75 Commercial Road, VIC 3004
December 2-4, 2015
Join us in Melbourne for the

2015 High Blood Pressure Research Council of Australia Annual Scientific Meeting

On behalf of the HBPRCA, we are delighted to invite you to the 2015 Annual Scientific Meeting, to be held at the AMREP Education Centre, Baker IDI from Wednesday December 2 until Friday December 4.

A stimulating scientific meeting with plenty of opportunity to network with your colleagues, we have also incorporated a great social program which will help make this a memorable meeting.

As always, the Scientific Program will be headlined by our named lectureships: the RD Wright lecture; Professor Michael Joyner from the Mayo Clinic, Minnesota USA, the Austin Doyle Lecture; Professor Stephen Simpson, from the Charles Perkins Centre, Sydney and the Colin I Johnston Lecture: Professor Gemma Figtree, from the Northern Clinical School, Kolling Institute of Medical Research in Sydney.

The program offers the Young Investigator Workshop on the afternoon of Tuesday December 1, an innovative workshop, developed by Dr Shiang Yong Lim entitled “Interdisciplinary Collaboration to Enhance Cardiovascular Research” on Wednesday morning at 8.30 am followed by a workshop on “Home Blood Pressure Measurement Australia Expert Consensus Launch” spearheaded by James Sharman and Geoff Head.

The main ASM gets underway on Wednesday at 2pm.

This year the HBPRCA is engaging with early and mid-career researchers more than ever with ECRs co-chairing sessions and involved in the abstract reviewing process. There will be a designated meeting point for ECRs during breaks that will provide an opportunity for networking with your peers. There will also be sessions where ECRs will be able to view and critique posters in the company of a senior mentor, to understand what is looked for during poster judging.

There are special sessions and a range of valuable awards including the Student and Early Career Investigator Awards that will allow one of our young stars to travel to Britain for the BHS Meeting and another to the AHA High Blood Pressure Research Council Conference in 2016. Travel grants are also available to support younger members to attend the Annual Scientific Meeting. Student registration fees are heavily subsidised.

The Conference Dinner will be held on the Thursday night at Ormond Hall which promises to be a great night.
All abstracts accepted for presentation at the 2015 Meeting will, subject to approval by authors, be eligible for publication in *Hypertension* – with our thanks to Servier for their continued support.

The Australian Nurses Cardiovascular Hypertension Association (ANCHA) meeting will once again be incorporated into the HBPRCA ASM, and we are very much looking forward to that interaction.

Members will be interested to know that we are also hosting a GP update evening, on the Tuesday night. Everyone is very welcomed to join us for what we believe will be an excellent evening.

To share in all of these opportunities, and to take advantage of the lower members’ ASM registration costs, we’d especially encourage students to join the HBPRCA (free!) as Student Members ([www.yoursecretariat.com.au](http://www.yoursecretariat.com.au))

We look forward to seeing you in Melbourne in December!

Jaye Chin-Dusting
HBPRCA President

Rob Widdop
Secretary

Anne Barden
Program Secretary

### Key dates

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>March 31</td>
<td>Annual subs were due!</td>
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<tr>
<td>September 25</td>
<td>Abstract deadline</td>
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<tr>
<td>September 30</td>
<td>Early bird registration close</td>
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<tr>
<td>October 23</td>
<td>Final program due</td>
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<tr>
<td>October 30</td>
<td>Abstract withdrawn if author not registered</td>
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<tr>
<td>December 1</td>
<td>Young Investigator Workshop</td>
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<tr>
<td>December 2</td>
<td>8.30 am Interdisciplinary Collaboration to Enhance Cardiovascular Research</td>
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<tr>
<td>December 2</td>
<td>10.30 am Home Blood Pressure Measurement Australia Expert Consensus Launch</td>
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<tr>
<td>December 2</td>
<td>2.00 pm Annual Scientific Meeting</td>
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Invited Speakers

<table>
<thead>
<tr>
<th>Lecture</th>
<th>Speaker</th>
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<tbody>
<tr>
<td>RD Wright Lecture</td>
<td>Professor Michael Joyner, Mayo Clinic, Minnesota</td>
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<tr>
<td>Austin Doyle Lecture</td>
<td>Professor Stephen Simpson, Charles Perkins Centre, Sydney</td>
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<tr>
<td>Colin I Johnston Lecture</td>
<td>Professor Gemma Figtree, Northern Clinical School Kolling Institute of Medical Research, Sydney</td>
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</table>

Meeting Organiser

If you have any questions, please contact Jennifer Murphy, Kristy Martin or Natasha Whitwell at Your Secretariat.

YOUR secretariat

<table>
<thead>
<tr>
<th>Contact</th>
<th>Details</th>
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<tbody>
<tr>
<td>Telephone</td>
<td>+61 2 4356 0007</td>
</tr>
<tr>
<td>Fax</td>
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</tr>
<tr>
<td>Email</td>
<td><a href="mailto:admin@yoursecretariat.com.au">admin@yoursecretariat.com.au</a></td>
</tr>
<tr>
<td>Website</td>
<td>aashbprca.yoursecretariat.com.au</td>
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Preliminary Program

The diversity and quality of invited speakers is sure to provide excellent opportunities to increase knowledge and understanding of high blood pressure. Free communications will be scheduled in each session.
## Key Dates

<table>
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<th>Tuesday December 1</th>
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<tr>
<td>12.00pm - 4.00pm</td>
<td>Registration opens</td>
</tr>
<tr>
<td>4.00pm - 6.30pm</td>
<td>New Investigator Symposium</td>
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<tr>
<td>6.30pm - 7.30pm</td>
<td>New Investigator Function</td>
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<tr>
<td>7.30pm</td>
<td>GP Workshop – Fenix Restaurant (TBC)</td>
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<table>
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<tr>
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<tbody>
<tr>
<td>8.00am - 3.00pm</td>
<td>Registration</td>
</tr>
<tr>
<td>8.30am - 10.10am</td>
<td>Workshop</td>
</tr>
<tr>
<td>10.30am - 1.15pm</td>
<td>Home BP Guidelines launch</td>
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<tr>
<td>2.00pm - 6.30pm</td>
<td>Conference sessions</td>
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<tr>
<th>Thursday December 3</th>
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<tbody>
<tr>
<td>8.00am - 3.30pm</td>
<td>Registration</td>
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<tr>
<td>9.00am - 5.00pm</td>
<td>Conference sessions</td>
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<tr>
<td>7.00pm – 10.00pm</td>
<td>Conference dinner</td>
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<th>Friday December 4</th>
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<tr>
<td>8.30am - 1.00pm</td>
<td>Registration</td>
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<tr>
<td>9.00am - 12.00pm</td>
<td>Conference sessions</td>
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<tr>
<td>12.00pm - 1.00pm</td>
<td>Annual General Meeting</td>
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<tr>
<td>1.00pm - 4.30pm</td>
<td>Conference sessions</td>
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# Program Outline

## Draft Program

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<th>Thursday Dec 3</th>
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<tr>
<td><strong>Morning</strong></td>
<td>Pre-Meeting workshop</td>
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<td></td>
<td>Interdisciplinary Collaboration to Enhance Cardiovascular Research</td>
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<td></td>
<td>Oral presentations</td>
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<td>Meal Time: Morning Tea</td>
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<td>Meal Time: Morning Tea</td>
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<tr>
<td>Pre-Meeting workshop</td>
<td>Pre-Meeting workshop</td>
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<tr>
<td>Home Blood Pressure Measurement Australian Expert Consensus Launch</td>
<td>Oral presentations</td>
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<tr>
<td>HBPRCA Austin Doyle lecture</td>
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<tr>
<td>Professor Stephen Simpson, Charles Perkins Centre, Sydney</td>
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<tr>
<td>Annual General Meeting</td>
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<tr>
<td><strong>Afternoon</strong></td>
<td>Oral free communications</td>
<td>Oral free communications</td>
<td>Oral presentations</td>
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<tr>
<td>Young Investigator / Student Symposium</td>
<td>Young Investigator Finalists Orals Session</td>
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<tr>
<td>Young Investigator Finalists Poster Session</td>
<td>Oral free communications</td>
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<tr>
<td>HBPRCA Colin Johnston Invited Lecturer</td>
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<tr>
<td>Professor Gemma Figtree, Northern Clinical School Kolling Institute of Medical Research, Sydney</td>
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<tr>
<td><strong>Evening</strong></td>
<td>Student Function GP update (TBC)</td>
<td>Free evening</td>
<td>Conference Dinner</td>
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2015 High Blood Pressure Research Council of Australia Annual Scientific Meeting
The Australian Nurses’ Hypertension Association

Friday, December 4, 2015
Theme: “Blood Pressure – the Cost of Silence”

ANHA members and colleagues are invited to attend this year’s annual scientific meeting, which will be integrated with the HBPRCA ASM.

The ANHA Annual General Meeting will also be incorporated into the ANHA program.

I look forward to seeing you in Melbourne.

Diane Cowley
President
RD Wright Lecture:
Professor Michael Joyner,
Mayo Clinic, Minnesota

The laboratory of Michael J. Joyner, M.D., is interested in how humans respond to various forms of physical and mental stress during activities such as exercise, hypoxia, standing up and blood loss. Dr. Joyner and his team study how the nervous system regulates blood pressure, heart rate and metabolism in response to these forms of stress. They are also interested in how blood flow to muscle and skin responds to these stressors. These responses are studied in young healthy subjects, healthy older subjects and people with conditions such as heart failure.

Finally, Dr. Joyner is personally interested in the role of integrative approaches in science as a powerful tool to integrate and critique data from reductionist approaches.

Austin Doyle Lecture:
Professor Stephen Simpson,
Charles Perkins Centre, Sydney

Professor Stephen Simpson, AC is Academic Director of the Charles Perkins Centre, and a Professor in the School of Biological Sciences at the University of Sydney, and Executive Director of Obesity Australia.

Stephen Simpson, together with David Raubenheimer, developed an integrative modelling framework for nutrition (the Geometric Framework), which was devised and tested using insects. This has since been applied to a wide range of organisms, from slime moulds to humans, and problems, from aquaculture and conservation biology to the dietary causes of human obesity and ageing. He has also revolutionised understanding of swarming in locusts, with research spanning neurochemical events within the brains of individual locusts to continental-scale mass migration.

Stephen also leads the Behaviour and Physiology Research Group, which studies the neural, physiological, ecological and evolutionary bases of animal behaviour. The group's emphasis is ‘bottom-up’, in that we are especially concerned with the way in which lower-level processes lead to higher level outcomes. The approach focuses on the behaviour of individual organisms and involves an interplay between theory and experiment. Most of our experimental work is on insects, although recent work has examined fish, birds and mammals - including humans. Techniques employed include the quantitative analysis of behaviour, neurophysiology, metabolic and digestive physiology, mathematical modelling, computer simulations and laboratory selection experiments.
Colin I Johnston Lecture:
Professor Gemma Figtree,
Northern Clinical School Kolling Institute of Medical Research, Sydney
Staff Specialist, Cardiology
Royal North Shore Hospital
Senior Lecturer, University of Sydney

Gemma Figtree is a cardiologist who is committed to both basic and translational cardiovascular research. She gained a DPhil in Cardiovascular Medicine at the University of Oxford, with the support of a Rhodes Scholarship. She holds the Chapman Fellowship at Sydney Medical School and has recently been awarded the Viertel Clinical Investigatorship.

With experience in molecular biology, Gemma is working with Professor Helge Rasmussen at Royal North Shore Hospital. The focus of this research is the role of oxidative signalling in the regulation of the sodium pump in heart cells. She is also interested in the molecular mechanisms of myocardial ischaemia-reperfusion injury and works closely with Dr Ravi Bhindi in this area.

Gemma leads a project to set up a cardiac MRI research unit at Royal North Shore Hospital. She is a principal investigator investigating possible genetic contributors to tako-tsubo (stress) cardiomyopathy. She is principal investigator on two current National Health and Medical Research Council project grants. She has strong collaborative links with researchers in Oxford, London, Denmark and Boston.
Awards

**Early Career Investigator Oral and Poster Awards**

Supported by the High Blood Pressure Research Council of Australia (oral)
Supported by the High Blood Pressure Research Council of Australia and Clinical Science (poster)

These awards are to encourage membership and foster active participation of early career investigators in the HBPRCA. The candidate must be an early career scientist (up to 10 years post-doctorate, with consideration given for career interruption).

**Student Oral and Poster Presentation Awards**

Supported by the High Blood Pressure Research Council of Australia

The candidate must be a student currently enrolled in an Honours, Masters or PhD program in a field relevant to the award. The goal of these prizes is to encourage membership and foster active participation of enrolled scholars in the HBPRCA.

**Prizes and Eligibility**

All finalists are selected based on the ranking of their abstracts submitted by the normal process for presentation at the Annual Scientific Meeting of the Council. The winner of each prize will be decided by a specially convened judging panel based on the quality of the data and the presentation.

In order to be eligible for any of the awards listed above, you MUST:

- be a member of the HBPRCA by September 30 in the year of application
- be the first author of the abstract
- NOT have published the work presented in the abstract in other than electronic form, at the time of submission
- NOT have won an award in same category in the previous year*

**Best Oral Prizes** of $1,000 – will be awarded to the best presentation in the Early Career Investigator Oral Award Finalists Session and also to the best Student Oral Presentation.

**Best Poster Prizes** of $500 will be awarded to the best Early Career Investigator poster presentation and also to the best student poster presentation. In each case the presentation will involve the poster and a mini oral presentation. The Early Career Investigator Poster Award is sponsored by Clinical Science and includes a certificate and a year’s free online access to Clinical Science.

*If you won the poster or oral prize last year you are not eligible for the poster or oral prize in this year in the same category. A student winner who becomes a full member of the Council is eligible for the Early Career Investigator award the following year.

**British Hypertension Society Award**

Supported by the High Blood Pressure Research Council of Australia and the British Hypertension Society (BHS)

This is single award to the highest scoring presentation from either the Early Career Investigator Oral Award Finalists or the Student Oral Presentation Award Finalists. It underlines the society’s strong alliance with the BHS. The prize is a formal invitation to attend and present at the following BHS Annual Scientific meeting in September. The award comprises an amount of $3,000 towards travel expenses. Accommodation will be provided by the BHS during the meeting in the UK. This money is in addition to the $1,000 received as either the Early Career Investigator Oral winner or the Student Oral Presentation Award winner. The recipient is also expected to visit laboratories with like research interests before or after the meeting. The winner is not eligible for this award in the following year.
AHA Council for High Blood Pressure Research Award

Supported by the High Blood Pressure Research Council of Australia and the AHA Council for High Blood Pressure Research (CHBPR)

This is single award to the highest scoring presentation from either the Early Career Investigator Oral Award Finalists or the Student Oral Presentation Award Finalists. It underlines the society’s strong alliance with the CHBPR. The prize is a formal invitation to attend and present at the following CHBPR Annual Scientific Meeting in October. The award comprises an amount of $3,000 towards travel expenses. Accommodation will be provided by the CHBPR during the meeting in the US. This money is in addition to the $1,000 received as either the Early Career Investigator Oral winner or the Student Oral Presentation Award winner. The recipient is also expected to visit laboratories with like research interests before or after the meeting. The winner is not eligible for this award in the following year.

Student Travel Awards

Travel grants-in-aid are offered to student members of the HBPRCA to encourage participation. You must be a student member of the HBPRCA by September 30 in the year of application, a full-time student in Australia or New Zealand and presenting at the meeting. If a travel grant is approved, available funds will be distributed based on a percentage of the economy return fare. Applicants must indicate on the Abstract Submission Form when submitting their abstract if they would like to be considered for a travel grant. Applicants will be notified at the time of program announcement.

Please confirm with your supervisor who travel grant cheques should be made payable to before submitting your abstract as you must nominate the cheque payee now.

Robert Vandongen Travel Award

The Robert Vandongen Travel Award is usually presented to the young investigator from WA whose abstract scores most highly. In 2011, this award will be presented to the young investigator from outside WA whose abstract scores most highly. No application is required.

- Robert Vandongen was an enthusiastic member of the HBPRCA who died in 1993. Bob’s area of interest covered the areas of renin/kidney-related hypertension, the effects of alcohol and diet on cardiovascular disease and clinical research during his 16 years in Perth with Lawrie Beilin and colleagues, after training in Adelaide and then working in London and Rotterdam.
Call for Abstracts by September 25 2015

All those who wish to present oral or poster communications are invited to submit abstracts. **Deadline: midnight Friday September 25, 2015.** It is anticipated that the final program and notification of presentation style will occur by the end of October.


**Abstract Submission Form**

You must submit your abstract as a word file only by uploading your abstract on the abstract submission page of the Your Secretariat website [http://aashbprca.yoursecretariat.com.au](http://aashbprca.yoursecretariat.com.au/)

Receipt of all abstracts will be acknowledged automatically on submission. If you do not get this confirmation email nor an email re programming in mid-September, please contact admin@yoursecretariat.com.au

The abstract submission process and online form is self-explanatory and is part of the internet meeting registration process. Information from this online form is utilised to generate the program, so please complete carefully following on-screen instructions.

**Abstract acknowledgement**

Receipt of abstracts will be acknowledged by email as well as via an automated response at the time of submission. If you do not receive an email within 7 days of abstract submission, please contact Your Secretariat

**Oral Presentations**

Oral presentations will be allowed 10 minutes with 5 minutes for questions.

**Poster Presentations**

Fabric covered poster boards will measure 1800mm high x 1200mm wide. The most appropriate poster size is 1m x 1m.

**Abstract format**

- Page size must be set to A4
- Abstract should fit into 1 page with Margins
  - Top = 2 cm
  - Bottom = 13 cm
  - Left = 2 cm
  - Right = 2 cm
- Apply 0.3cm paragraph indent to the right margin
- Single line spacing must be used throughout
- Ensure all lines, tables and figures fit within the margins
- Single-spaced, justified typing only
- 10pt Arial and symbol fonts only
- Title in capitals and bold
- One line between title and name/affiliations
- Names in upper and lower case, with family name followed by initials (e.g. Smith AB, Brown CD)
- Ensure you include a superscript letter for every author
- Affiliations commence on a new line, in italics (e.g. University of Melbourne, Victoria)
- Underline the presenting author
- One line between affiliations and body of abstract
- Body of abstract to should contain the headings Background, Aims, Methods and Results, and Conclusions with each heading Bolded and on a new line
- If using units such as “9 g/d” then ensure spacing is “9 g/ d” as per the style required by journals for publication
- Ensure American spelling is used e.g. “recognized”, as will be published in an American journal
- Ensure P values are written as “P<0.0001” with the abstracts “P” in capitals and italicized as per the style required by the journal

Please make sure you adhere to the specified format.

No editing to correct your errors will occur. A sample abstract is displayed below.
ROLE OF THE RENAL NERVES IN A CONSCIOUS RABBIT MODEL OF CHRONIC KIDNEY DISEASE

Head GA, Burke SL, van Rensch LM, Sata Y, Lambert GW, Denton KM, Schlaich MP

*Baker IDI Heart & Diabetes Institute, Melbourne, Victoria, Australia; *Department of Physiology, Monash University, Melbourne, Victoria, Australia

**Background:** Chronic kidney disease (CKD) contributes substantially to the global burden of cardiovascular disease. Nearly 1 in 3 Australians is at risk of developing CKD which is associated with activation of the sympathetic nervous system and elevated blood pressure (BP). The renal nerves are likely to play a major role in CKD-induced hypertension since chronic renal injury can stimulate afferent sensory nerve fibres which directly modulate central neuronal circuits and thus sympathetic outflow. We investigated a novel conscious rabbit model of chronic impaired renal function in which quantitative comparisons can be made of sympathetic activity. We determined the role of the renal nerves in the hypertension and altered autonomic reflex function which characterize the 5/6 renal nephrectomy model of CKD.

**Aim:** To determine whether renal nerves play a role in maintaining CKD-induced hypertension.

**Methods:** Chronic renal failure was induced by lesioning 5/6th of the glomerular layer of the renal cortex in one kidney and, after 2 weeks recovery, removing the contralateral kidney. We examined the role of the renal nerves by denervating the kidneys. Blood parameters, BP and renal sympathetic nerve activity (RSNA) and responses to stress (airjet) and hypoxia (10% O2), baroreflexes and noradrenaline spillover were examined after 3 weeks of CKD.

**Results:** Plasma creatinine and urea were 44% and 38% higher in CKD than control rabbits (P<0.001). BP and RSNA were 8% and 33% higher (P<0.001), but total noradrenaline spillover was 32% lower in CKD rabbits (P<0.05). Responses to hypoxia were attenuated by CKD and RSNA baroreflexes were shifted to the higher BP level. Renal denervation reduced RSNA in both CKD and control rabbits (30%), but only lowered BP in controls. Noradrenaline spillover was unaltered by denervation, but RSNA baroreflexes in both groups were shifted downwards so that both maximum and minimum RSNA were reduced. The hypertension to airjet was enhanced in both groups after denervation, but the hypertension to hypoxia was attenuated in the control animals only. Blood parameters were not altered by renal denervation.

**Conclusion:** Our results show that while RSNA is elevated in CKD, there is sympathoinhibition in other beds. Renal denervation did not alter the renal impairment or the hypertension, suggesting that the renal nerves play a minor role in maintaining CKD-induced hypertension in this model of CKD.

Abstracts will be published in Hypertension with the assistance of an educational grant from Servier Laboratories
Registration

Registration fees
Prices are in AUD and are GST inclusive
Conference dinner attendance is optional, and is not included in your registration. Dinner tickets may be purchased separately for $110 per person when registering.

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<th></th>
<th>Earlybird</th>
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<td>Non-member</td>
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Conference dinner tickets
Conference Dinner $110.00

Thursday December 3
Conference dinner
7.00pm at Ormond Hall

Wednesday December 2
Moderated Posters
5.30pm – 7.00pm Seminar Room AMREP

Entitlements
- Attendance at scientific sessions
- Conference satchel
- Abstract book
- Morning tea, lunch and afternoon tea on Wednesday, Thursday and Friday

Paper registration
A paper form is available may be requested from Your Secretariat.

Internet registration
To register via the internet please go to www.yoursecretariat.com.au and click on the grey HBPRCA ASM Information button. Simply click on the “Register now” and complete the registration process.

You may pay on-line by:
- credit card
- tick the “will send a cheque” box and send a cheque within 30 days.
- Or you may prefer to call us on + 62 2 4356 0007 and pay over the phone

A Tax Invoice will be emailed to you and may be given to your Finance Department.
Cancellation policy

A cancellation received prior to November 9 will receive a full refund of registration/function fees less a cancellation fee of $55.00. Accommodation refunds will only be available if the hotel is prepared to offer one. Refunds for any cancellations after September 9 will only be made in exceptional circumstances, with the decision being made after the conclusion of the meeting.

Substitutes are welcome at any time.

Registration acknowledgement

All registrations will be acknowledged via e-mail on receipt. Please ensure you read your Confirmation carefully and advise of any corrections promptly.

Registrants who have not submitted their payment by November 1 will be assumed to have withdrawn their registration.

Privacy

In accordance with the Privacy and Spam Acts we advise that information collected in the registration/abstract submission process will be held in databases on secure sites by Your Secretariat. It is the intention to use the information to communicate with you by mail, phone, fax or email and to provide a delegate list comprising name, institution, State and Country to delegates and sponsors. You may elect to not be included on this list.

Venue

AMREP Education Centre, Commercial Road, Melbourne VIC. www.amrep.org.au/edcentre

Parking


Flights

If you require flights to attend this meeting, please feel free to contact David Wood at World Travel david.wood@worldtravel.com.au or contact your own travel agent.
Accommodation

Please contact venues directly to arrange your accommodation if required. Some suggested venues are detailed below.

**The Cullen**
The Cullen is located at 164 Commercial Road, South Yarra.

**Reservations:**

Call 1800 278 468

**Mantra Melbourne St Kilda Road**
Mantra Melbourne is located at 568 St Kilda Road.

**Reservations:**

Call 1300 987 604

**Quest Prahran Serviced Apartments**
Quest Prahran Serviced Apartments are located at 9 Balmoral St, South Yarra.

**Reservations:**

Call 1800 334 033

**The Albany**
The Albany is located on the corner of Toorak Road and Millswyn Street, South Yarra.

**Reservations:**
Email enquiries@thealbany.com.au

Call 1800 338 877
Sponsors

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